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Golden Games

14th gold breaks record for any nation in Winter Games

VANCOUVER 2010 Games

A hockey-mad nation, already brimming with pride as Olympic hosts, exploded in celebration yesterday as Sidney Crosby scored to end a tightrope-tense men's hockey thriller against the United States and cap the Games with Canada's record-setting 14th gold medal.

Vancouver's downtown core erupted in a deafening din after Crosby put the puck through Ryan Miller's legs 7:40 into overtime to make it 3-2, avenging the U.S. domination of the Olympic podium and forcing the U.S. to settle for silver.

Overtime wouldn't have been necessary but for a heart-rending goal by U.S. winger Zach Parise with less than half a minute left of regulation.

When Crosby scored, the rafters shook at Canada Hockey Place with the capacity crowd in a collective spasm of joy.

The 14th gold medal gave Canada a storybook ending to its 17-day Olympic epic. It established a new record for the most top-tier podium finishes in a Winter Olympics, a record previously established by the Soviet Union in 1976 and tied by Norway in 2002.

It also sets a new benchmark for the most gold medals awarded to a host nation at a Winter Games.

Canada's total of 26 medals, including seven silver and five bronze, was the country's best ever at a Winter Olympics. The previous best was 24 in Turin in 2006.

The total of 26 left Canada in third place overall behind the United States and Germany.

The closing ceremonies began just hours after the hockey game, with figure skater Joannie Rochette carrying the host country's flag.

In the only other medal event taking place yesterday, the men's 50-kilometre classic cross-country ski race, Devon Kershaw of Sudbury, just missed out on a podium finish, placing fifth.

THE CANADIAN PRESS

News on the Move
What's this barcode?
Learn how to scan the barcode with the instructions at the top of pg 2

RYAN REMIORZ/THE CANADIAN PRESS

Members of Team Canada pose for a photo yesterday after winning the gold medal over the USA in men's ice hockey on the final day of the 2010 Winter Olympic Games in Vancouver. Canada won the game in overtime 3-2. More coverage, pages 8, 9.

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WHAT'S ONLINE TODAY

Video Get to know the smiling Smurfs who guided tourists through the Vancouver Olympics at metronews.ca/canada

Lotteries

Friday, Feb. 26
Lotto Max: 2, 27, 30, 32, 35, 36 & 38 Bonus 39
Saturday, Feb. 27
Lotto 6/49: 4, 6, 14, 23, 25 & 36 Bonus 27
Sunday, Feb. 28 Ontario Pick 3: 5 4 4; Ontario Pick 4 : 5 2 1 2 Encore: 643 1714; Daily Keno: 4, 6, 9, 14, 15, 21, 23, 24, 27, 29, 30, 32, 36, 40, 45, 47, 51, 55, 59, 63 These results are not official.

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Residents fight to save rural bus route

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Transit users in rural south Ottawa are fighting to keep their bus service after city council decided to axe it in a spur-of-the-moment budget decision.

Today, the transit committee discusses a motion to end Route 245 south of Manotick as of April, in order to save OC Transpo $25,700 in 2010.

Rideau-Goulbourn Ward Coun. Glenn Brooks put the motion forward during January's budget deliberations.

According to OC Transpo staff, the southern section of Route 245 is getting 10 to 12 customer trips each day in February. At that ridership level, for every dollar OC Transpo spends to maintain the route, it collects nine cents in return.

However, the sudden decision has created a backlash from angry area residents. Rideau Goulbourn resident Andrew Geraghty sent a letter to city council urging OC Transpo to discuss the future of rural transit with residents.

> **"If ... not enough of us are using the transit provided, hadn't we better ask why that is?"**
> Andrew Geraghty

"If it is believed that not enough of us are using the transit provided, hadn't we better ask why that is," he wrote, "rather than simply throwing up our hands and saying, 'It doesn't work, chop it.'"

Along with his letter, he submitted a petition opposing the cut that bore 141 signatures.

News in brief

SPORTS Baseball will return to Ottawa this summer, now that the City of Ottawa and the Ottawa Stadium Group Ltd. have signed a lease agreement for the use of the Ottawa Baseball Stadium. The OSG is proposing to have an Intercounty Baseball League team in the capital. Details of the lease agreement include a total of $108,000 for a full-year term from March 15 to March 14, 2011. OSG will also be responsible for operating costs.

VOTING The city's corporate services and economic development committee will recommend tomorrow that council pass a bylaw to create two advance voting days prior to the municipal election day on Oct. 25. The suggested days are Oct. 2 from 10 a.m. to 5 p.m. and Oct. 14 from 10 a.m. to 8 p.m.

METRO OTTAWA

Elgin Street **Going for the gold**

TIM WIECLAWSKI/METRO OTTAWA

Team Canada fans cheer during the men's gold-medal hockey game, playing on multiple screens at Sir John A. Pub on Elgin Street yesterday afternoon. Sports bars and pubs all over Ottawa were jampacked for the game yesterday, with fans gathering outside bars hours before the puck dropped.

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Joint probe nets 10 arrests, nearly $3M in drugs, cash

TRACEY TONG
tracey.tong@metronews.ca

DRUGS Police arrested 10 people and seized $2.1 million worth of cocaine, $330,000 worth of hashish, and $430,000 in cash following a 12-month joint investigation by the RCMP, Ottawa Police Service, the OPP and the Service de Police de la Ville de Montréal.

On Thursday, police executed 10 search warrants at Ottawa homes and businesses located on Roswell Avenue, Forest Park Drive, Crestway Drive, Wysteria Lane, Croydon Avenue, Henry Farm Drive, Nepean Street, Ste-Anne Avenue, Ambleside Drive and Richmond Road as a part of Project Midnight.

Suppliers

- Police said the main cocaine suppliers to those involved in the bust were in Montreal.

Police laid 68 charges, including conspiracy to traffic controlled substances, possession of controlled substances for the purpose of trafficking, trafficking controlled substances, participating in a criminal organization and possession of proceeds of crime, against 10 people.

Since the investigation began in February 2009, police have seized about 100 kilograms of cocaine with a street value of $10 million that was destined for the streets of Ottawa.

O'Brien among council's thriftiest

SPENDING Mayor Larry O'Brien, Alta Vista Coun. Peter Hume and Knoxdale-Merivale Coun. Gord Hunter were the most frugal councillors last year.

According to an annual statement of expenses paid to councillors, O'Brien, Hume and Hunter all claimed zero council-related or other expenses in 2009.

By contrast, Osgoode Ward Coun. Doug Thompson claimed the most with $12,388. Rideau-Goulbourn Coun. Glenn Brooks claimed $7,495, and Rideau-Vanier Coun. Georges Bédard claimed $7,165. Gloucester-South Nepean Coun. Steve Desroches was the only councillor who declined the $6,900 car allowance.

TIM WIECLAWSKI/METRO OTTAWA

Quebec heavy in debt, analysis suggests 3

An analysis by the Quebec Ministry of Finance suggests the province has one of the most heavily indebted economies in the industrialized world. THE CANADIAN PRESS

Canada

Boomers factor in times ahead: Analysts

Hospital lineups, federal-provincial squabbles, crumbling infrastructure, a military starved of equipment, and stagnating living standards.

That may sound like a description of Canada in the mid-1990s as the then-Liberal government struggled with deficits and debt that were swallowing 36 cents out of every taxpayer dollar just to pay the interest.

But it may also describe the country in a few years, say analysts who have looked at the long-term implications of Canada's fiscal gap as the country's baby boomers retire.

And many believe Finance Minister Jim Flaherty should start planning how to head-off the train wreck in Thursday's federal budget, although they doubt he will. Flaherty continues to insist that economic growth and limiting government spending increases will eventually eliminate the deficit.

"So far, the government has basically said there isn't a problem," said Scott Clark, a former deputy minister of finance.

"The thing about demographics is that they are pretty reliable because you can't change fertility rates overnight. You cannot deny the reality that it's coming."

Parliamentary budget officer Kevin Page laid out the broad outlines of the dilemma confronting the Conservative government — and by extension provinces — a week ago. Over the next 40 years, the ratio of retirees to workers will go from one in five to one in two, decimating government revenues and increasing health-care and other social costs.

THE CANADIAN PRESS

Foreign aid

- Canada's lofty international ambitions — including winning a seat on the UN Security Council — face failure if foreign aid is ignored in the federal budget, experts say.

m.metronews.ca

ScanLife

Last week's cross-burning was no surprise to many black Nova Scotians who face deep racial divide. Scan this code for the story.

Canada meets itself at Games

VANCOUVER 2010 Games

THE CANADIAN PRESS FILE PHOTO

Canadians celebrated the end of a gold drought at home during the 2010 Olympic Games in Vancouver.

OLYMPICS If China used the last Games to introduce itself to the world, it would seem the Vancouver Olympics introduced Canadians to themselves.

When The Great One lit the Olympic cauldron, it was a spark that lit national pride.

"This has been a great human occasion for the country," said John Furlong, the chief executive officer of the 2010 Olympic organizing committee, known as VANOC.

The Games have come to Canada twice before, but it wasn't until this third date that things seem to have really clicked. Yes, the early moments of the relationship were tragic and uncomfortable. The death of a Georgian luger will forever mark these Games.

The teething problems of the first few days, the drubbing from the press, also had a nation questioning whether the drive to own the podium was more than it could handle.

But then the sun came out, not just in the sky but in the form of the first gold medal won by a Canadian at a Canadian Games. The home turf drought ended with men's mogulist Alexandre Bilodeau.

THE CANADIAN PRESS

Same-sex search to be implemented

AIR SECURITY Canada's air-security agency has ordered officers to stop the routine screening of travellers of the opposite sex.

Instead, passengers who set off an alarm as they walk through airport metal detectors must be searched by a screening officer of the same sex.

The official policy change was quietly disseminated by the Canadian Air Transport Security Authority in December to the firms it contracts to handle security at 89 airports across the country.

A copy of the bulletin was obtained by The Canadian Press under the Access to Information Act.

Once a metal-detector alarm is triggered at a passenger checkpoint, the screening of a traveller can be invasive. A hand-held device is run along all parts of the body scanning for metal. Belts can be ordered unbuckled, shoes removed.

THE CANADIAN PRESS

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Obama still smoking

U.S. President Barack Obama hasn't kicked his smoking habit, takes anti-inflammatory medication to relieve chronic tendinitis in his left knee and should eat better to lower his cholesterol, his team of doctors concluded yesterday after the 48-year-old's first medical checkup as commander in chief. THE ASSOCIATED PRESS

World/Business

Allies needed to secure Marjah

AFGHANISTAN More than 2,000 U.S. Marines and about 1,000 Afghan troops who stormed the Taliban town of Marjah as part of a major NATO offensive against a resurgent Taliban will stay several months to ensure insurgents don't return, Marine commanders said yesterday. Meanwhile, insurgents are striking back by attacking resupply convoys moving in and out of Marjah with roadside bombs. THE ASSOCIATED PRESS

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SCANLIFE

What effect will the return of former Pentagon favourite Ahmad Chalabi have as Iraqi elections near? Scan this code for the story.

Death toll tops 700 after Chile earthquake

Heroism and banditry mingled on Chile's shattered streets yesterday as rescuers braved aftershocks digging for survivors and the government sent soldiers and ordered a nighttime curfew to quell looting. The death toll climbed to 708 in one of the biggest earthquakes in centuries.

In the hard-hit city of Concepcion, firefighters pulling survivors from a toppled apartment block were forced to pause because of tear gas fired to stop looters, who were wheeling off everything from microwave ovens to canned milk at a damaged supermarket across the street. Efforts to determine the full scope of destruction were undermined by an endless string of terrifying aftershocks that continued to turn buildings into rubble. Officials said 500,000 houses were destroyed or badly damaged, and President Michelle Bachelet said "a growing number" of people were listed as missing.

"We are facing a catastrophe of such unthinkable magnitude that it will require a giant effort" to recover, Bachelet said after meeting for six hours with ministers and generals in La Moneda Palace, itself chipped and cracked.

She signed a decree giving the military control over security in the province of Concepcion, where looters were pillaging supermarkets, gas stations, pharmacies and banks. Men and women hurried away with plastic containers of chicken, beef and sausages.

THE ASSOCIATED PRESS

Tsunami warning

- Hawaii's beaches were again filled with tourists yesterday following a scare from a tsunami that raced across the Pacific, setting off mass evacuations. As it turned out, the tsunami caused by Chile's devastating earthquake Saturday wasn't as dangerous as experts first feared.

Ukraine **Not on the podium**

FEDIR LUKATSKY/THE ASSOCIATED PRESS

Ukrainian police keep an eye on a protest by activist group FEMEN in Kiev yesterday. The group was demonstrating the Ukraine's poor performance in the Vancouver Winter Olympics, calling for better funding for sports.

News in brief

EUROPE A violent late winter storm with fierce rain and hurricane-strength winds ripped across western Europe yesterday, battering France and four other countries and leaving at least 51 people dead.

THE ASSOCIATED PRESS

Business

Market on hold, awaiting news

STOCKS Expect March trading to get off to a subdued start this week as investors await a raft of economic news, including an announcement from the Bank of Canada on interest rates. Also coming is the latest reading on Canadian economic growth and a fresh reading on the U.S. manufacturing sector. But attention will be particularly focused on the Greek debt crisis and the release of the U.S. non-farm payrolls report on Friday.

THE CANADIAN PRESS

Olympic sponsors find green is the new gold

MARKETING Wayne Gretzky clutched a recyclable torch as he rode in a hybrid pickup en route to ignite the natural gas Olympic flame, shining an international spotlight on the creators of those clean energy innovations.

This moment was a veritable showcase of products from high-profile corporate sponsors seeking to tie their brands to Vancouver's promise to host the greenest Games in history, including GM Canada, maker of the Silverado hybrid, and Bombardier Inc., which manufactured the mostly recyclable torch.

Environmental sustainability is a well-publicized theme for the Vancouver Olympic organizing committee, which has pressured corporate sponsors, from Bell Canada to Canadian Pacific Railway, to reduce their environmental footprints.

THE CANADIAN PRESS

You can avoid online scams

HEATHER BUCHAN
for Metro Canada

SECURITY The Internet has afforded many conveniences — from online banking, to shopping, to dating, to reading and watching the news — done from the comfort of home.

But there's a darker side to Internet use: Increased risk of becoming a victim of fraud. Internet fraud comes in many forms — phishing, click fraud, spam, online marketing, and contests and surveys.

Tim Richardson, an e-commerce professor at Seneca College and an authority on Internet privacy, says much of the online fraud is building towards identity theft, which is why it's imperative to protect sensitive information.

Here are some ways to protect yourself:

- Use a different user ID and password combination for different accounts.
- Protect your computer with anti-virus software, spyware filters, email filters and firewall programs.
- Before entering personal information on a website, look for the "lock" icon in your browser, which indicates that you are on a secure website.
- Shop only from reputable online stores and make sure their websites use encryption.

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Comment

The transit saga: A bus divided

The price of everybody's bus ride went up again this morning, and that little Monday morning kick in the shins is unlikely to do much to improve a certain fractious mood, which seems to infuse transit matters these days.

First on the fight card: Young parents versus seniors and the disabled. Weeks of wrangling over whether wheelchairs or strollers should be given actual priority in the priority seating areas culminated Wednesday in a tangle of suggested rules from city staff on allowable numbers, sizes and locations of strollers.

It was, in short, the exact sort of micromanaging farce you get when you rely on regulators to solve petty problems better handled by common sense and courtesy.

Mercifully, council rejected these rules in favour of some reasonable guidelines: If there's a wheelchair spot available, put the stroller there. If it's not or someone in a wheelchair boards, put the stroller in the aisle. If strollers get in the way, the driver may ask to have them folded. In other words, share the space and treat each other with consideration. Was that so hard?

Next up: City council versus OC Transpo. Here, councillors performed a little less brilliantly. The saga of the new bus garage, the cost of which has swollen to $97 million, had Coun. Glenn Brooks clamouring for an audit.

Council instead voted for a peer review of Transpo's operations by the American Public Transit Association, and a separate study by a city panel of recent purchasing decisions.

The councillors didn't mention they voted for every single cost increase on the bus barn for which they are now demanding an explanation. The increased scrutiny of Transpo's workings may provide clues for doing things better, but the entire scene smacks of buck-passing by electioneering councillors.

In such an atmosphere, the very arrival of one's morning bus can feel like a miracle.

Steve Collins lives, writes and walks in Ottawa; ottawaletters@metronews.ca

Views

Olympic world is way more fun

Monday morning. March 1. It's no longer the winter Olympics. Now it's just winter. And where I live, it no longer feels like Christmas morning as we bound out of bed every day eager to discover what new medals arrived during the night.

Why can't the Olympics last forever? The Olympic world is simpler than real life. In Olympic world, success isn't as complicated as passing a national policy on global warming, it's simply did our speed skater get across the finish line first.

Compare:

Real world:

Partner: You're still on the couch. You were there when I left nine hours ago.

You: It's a "Flip this House" marathon.

Partner: I'm so leaving you for someone who takes out the garbage.

Olympic world:

Partner: You've been on the couch all day.

You: It's the Olympics.

Partner: Of course. Let me get you a snack.

Or, Real world:

Me: Let's watch women's sports tonight.

My friend: Oh yes, let's. Oh dear. There's only men's sports on again. Oh well...

Olympic world:

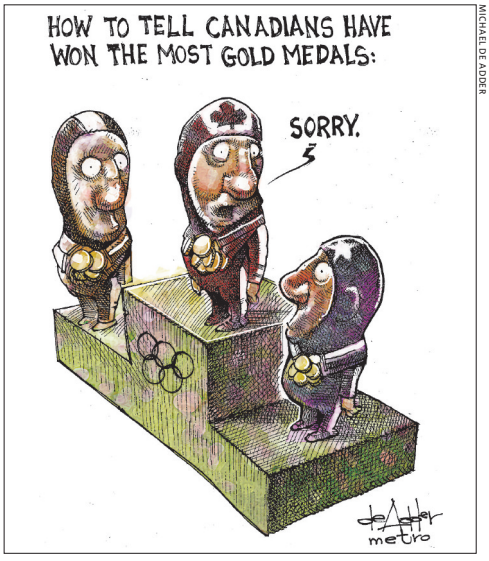
Me: You know, since 80 per cent of Canadian medals in the last two Olympics were won by women, don't you think it makes sense to fund only sports for female athletes?

Friend: (gasping, choking and making other very satisfactory noises)

I realize the Olympics can't last forever. Sooner or later Rick Mercer would run out of human interest stories to tell. Possibly by this Friday. Sometime, we have to return to the real world.

But not yet. For a few days, I'm holding onto the pure simple joy of feeling our country is the centre of the universe and happiness is no harder to obtain than a bronze in snowboard cross.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



MICHAEL DE ADDER

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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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The simple life

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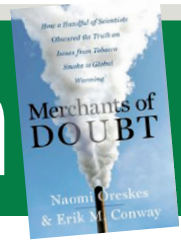
Going Green



Peddling doubt

As the science of global warming has grown more certain over the last two decades, the attack on that science has grown more shrill; the book Merchants of Doubt helps explain that paradox, and not only for climate change. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

Green in brief

SKIP AIR FRESHENERS Chemical fresheners can cause eye, skin, and respiratory irritation. Aerosol air fresheners are even worse — the tiny air-borne particles can damage nerves and lodge in your lungs. Buy fresh flowers in lieu of traditional air fresheners. An open box of baking soda, cedar blocks, and dried flowers also add natural fragrance to the room.

CLOGGED DRAIN Got a clogged drain but don't want to use something that will harm the environment to get it fixed? Pour a half-cup of baking soda down the sink and add at least a cup of vinegar. Cover the drain and wait a few minutes, then rinse with a mixture of boiling water and salt. Repeat as many as three times. METRO NEWS SERVICES

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ROMINA MCGUINNESS
Metro World News

The Chinese New Year recently entered into the year of the Tiger.

The largest of the cat species, tigers are a powerful and majestic symbol in many cultures yet today find themselves at what scientists refer to as "tipping point" — meaning that left to their own devices in the wild, their destiny could go either way — survival or extinction. There are as little as 3,200 tigers left in the wild and the WWF together with the World Bank have launched a global campaign, T x 2, urging to double this number by the next year of the Tiger in 2022.

The process started in Oct. 2009, where talks led by tiger experts discussed a series of actions to change the existing trajectory of tigers from the verge of extinction, to one of survival.

The talks will culminate in Vladivostok, Russia, in September 2010 where the Global Tiger Summit will address the following issues:

1. Strict protection of surviving tiger populations to allow their prey base to return.
2. Once the foundation for survival has been set, tigers need large intact landscapes to expand in, without the conflicting presence of humans. In many places.
3. Bring to a minimum and eventually halt the international demand for tiger parts by controlling business operations and borders.
4. Political engagement at the highest level and budget.

Governmental commitment and finance is crucial and what has been missing so far.

Bosh misses 5th straight game

All-star forward Chris Bosh did not travel with the Toronto Raptors and missed his fifth straight game last night due to a sprained left ankle. Bosh is listed as day-to-day for the Raptors, who played at Oklahoma City last night and are scheduled to play at Houston tonight. THE ASSOCIATED PRESS

Sports

Watch out for England: Dunga

Brazil coach Dunga says England and Spain are the main favourites to win the 2010 World Cup, along with his own team. He tells SporTV that "England will be very strong" with Fabio Capello, as the Italian coach will be able to make his players as competitive in the national team as they are at club level. Dunga says Spain will be the main favourite as the 2008 European champion is "continuing to play well." THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Blue Jays won't rush recovering McGowan

Dustin McGowan was pitching to major league hitters yesterday for the first time in more than a year and a half.

Having him make Toronto's opening-day roster is not a priority for the Blue Jays — and it shouldn't be for McGowan, either.

"We've talked to him about it. That date is non-existent for us with him," general manager Alex Anthopoulos said.

"If it happens to fall on that date, great. If it happens a week later, that's fine as well, even three months after that.

"This is a young guy who certainly has a great chance to be part of this organization for a long time and we want to make sure we get it right and not take any chances."

The 27-year-old last pitched on July 8, 2008, and was removed early in a game against Baltimore with a sore right shoulder.

Two days later he went on the disabled list and underwent surgery July 31 to repair fraying of the labrum.

It finished him for that season and last year's as well.

Then on July 9, 2009, he had surgery to repair damaged cartilage in his right knee, delaying his rehabilitation by about six weeks.

McGowan was scheduled to throw only in the bullpen yesterday, without facing batters, "but I talked with (pitching coach) Bruce Walton," Anthopoulos said, "and our trainer signed off on it, and Dustin felt good and wanted to throw to hitters. We didn't have a problem with it."

McGowan said he threw 25-30 pitches in the bullpen and about 20 to batters.

"Actually, to tell you the truth, I was a little nervous all last night," he said.

"I didn't know what to expect. But we didn't call any inside pitches. I was just trying to get a feel for pitching again and just finding the plate.

"The important thing is that I got to do it and everything felt good.

"I enjoyed it, having fun again."

TORSTAR NEWS SERVICE

DARREN CALABRESE/THE CANADIAN PRESS

Toronto pitcher Dustin McGowan throws during live batting practice at the Blue Jays' spring training facility in Dunedin, Fla., yesterday. It marked the first time McGowan has thrown to live hitters since July 2008 before falling prey to injuries.

m.metronews.ca

SCANLIFE

"Goosebumps" greet rare public appearance by reclusive pitching legend Sandy Koufax at charity event. Scan this code for the story.

Reyes met with investigators about doctor

BASEBALL Mets shortstop Jose Reyes said yesterday he met with U.S. federal investigators last week regarding a Canadian doctor accused of selling an unapproved drug.

Dr. Anthony Galea is facing four charges in Canada related to the unapproved drug known as Actovegin, which is extracted from calf's blood and used for healing. His assistant also has been charged in the U.S. for having HGH and another drug while crossing the border in September.

Galea is known for using a blood-spinning technique — platelet-rich plasma therapy — that is designed to speed recovery from injuries. Besides Reyes, he has also treated Tiger Woods and several other professional athletes.

Jose Reyes

"They just asked me basically how I met the guy and stuff like that and what he put in my body," Reyes said. "I explained to them what he (was) doing. ... I don't worry about anything because I didn't do anything wrong."

SI.com reported Saturday night that federal officials have told several athletes to expect grand jury subpoenas in the case. The website cited three anonymous sources familiar with the investigation.

The New York Times reported in December, citing anonymous sources, that the FBI opened an investigation into Galea based in part on medical records found on his computer relating to several professional athletes. Reyes said he met with investigators for about 45 minutes at the Mets' spring facility after they contacted him Thursday morning.

One of his agents, Chris Leible, also was present.

THE ASSOCIATED PRESS

Sports in brief

MAN U Wayne Rooney scored his 28th goal of the club season as Manchester United retained the Carling Cup with a 2-1 victory over Aston Villa yesterday.

SOCCER Italy coach Marcello Lippi named three new faces in his 23-man squad for Wednesday's friendly match against Cameroon in Monaco. Palermo goalkeeper Salvatore Sirigu, Bari defender Leonardo Bonucci and Cagliari midfielder Andrea Cossu were all included in the Italy squad for the first time yesterday.

BASEBALL Chan Ho Park has joined the New York Yankees. The 36-year old Park took part in his first workout with the team yesterday. The South Korean right-hander agreed to terms last week on a $1.2-million US, one-year deal.

METRO NEWS SERVICES

SCOREBOARD

NBA

YESTERDAY'S RESULTS

Oklahoma City 119 Toronto 99
San Antonio 113 Phoenix 110
L.A. Lakers 95 Denver 89
Atlanta 106 Milwaukee 102 (OT)
Washington 89 New Jersey 85
Orlando 96 Miami 80
L.A. Clippers at Sacramento
New Orleans at Dallas

TODAY'S GAMES

Dallas at Charlotte
New York at Cleveland
Orlando at Philadelphia
Atlanta at Chicago
Portland at Memphis
San Antonio at New Orleans
Toronto at Houston
Denver at Phoenix
Utah at L.A. Clippers

Near miss in 50 km race

Cross-country skier Devon Kershaw from Sudbury, Ont., just missed the podium in the men's classical 50-kilometre, placing fifth in two hours 5:37.1 seconds. Norway's Petter Northug won gold. THE CANADIAN PRESS

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

VANCOUVER GAMES
MedalCount

NATION				TOTAL
U.S.	9	15	13	37
Germany	10	13	7	30
Canada	14	7	5	26
Norway	9	8	6	23
Austria	4	6	6	16
Russia	3	5	7	15
South Korea	6	6	2	14
China	5	2	4	11
Sweden	5	2	4	11
France	2	3	6	11
Switzerland	6	0	3	9
Netherlands	4	1	3	8
Czech Republic	2	0	4	6
Poland	1	3	2	6
Italy	1	1	3	5
Japan	0	3	2	5
Finland	0	1	4	5
Australia	2	1	0	3
Belarus	1	1	1	3
Slovakia	1	1	1	3
Croatia	0	2	1	3
Slovenia	0	2	1	3
Latvia	0	2	0	2
Britain	1	0	0	1
Estonia	0	1	0	1
Kazakhstan	0	1	0	1

On the web

- Vancouver managing editor Fernando Carneiro's daily column (metronews.ca/columns)
- Metro-Blenz News Squad on-the-ground blog
- Complete medal standings and results

Visit metronews.ca for more Games coverage.

'I dreamed of this moment'

Crosby nets winner in overtime as Canadian men bring home gold

JEFF HODSON
jeff.hodson@metronews.ca

Sidney Crosby didn't even see his game-winning overtime goal that captured gold for Canada yesterday in men's ice hockey.

He just heard the screaming.

"I just shot it and didn't see it after that," said Crosby, who took a feed from a falling Jarome Ignila and whistled it past tournament MVP Ryan Miller as Canada beat the U.S. 3-2 and won the final gold medal of the 2010 Winter Olympics.

Crosby skated into the corner as 16,000 raucous fans in Canada Hockey Place, who spent much of the game chanting, cheering, dancing and waving flags, erupted in a roar. Crosby was engulfed by his teammates as they streamed off the bench.

"I dreamed of this moment," Crosby said afterwards. "It's pretty incredible."

The win marks the first time since the 1980 'miracle on ice,' when the U.S. beat Russia, that a host country has won hockey gold.

"It's unreal," said goaltender Roberto Luongo. "You work hard your whole life for something like this and it's nice to get rewarded. This medal is not for myself, but for Canada and for the people of Vancouver and the fans that have supported me since the first day I got here."

Canada, which sported a 2-0 lead halfway through the second period on goals from Jonathan Toews and Corey Perry, watched in dismay as Zach Parise, untouched in front of the net, pounced on a rebound to beat Luongo with only 24 seconds remaining in the final period.

"I thought we deserved better," said U.S. forward Ryan Kesler, who deflected a weak shot by Patrick Kane past Luongo to score American's first goal.

"We proved that it's not just Canada's game. We took them to overtime. We beat them once already. It was anybody's game in overtime."

JENNIFER GAUTHIER/FOR METRO CANADA

Canada's Sidney Crosby scores an overtime goal against the USA's Ryan Miller to win the gold medal in the men's hockey final yesterday in Vancouver.

Obama's bet

- It seems U.S. President Barack Obama owes Prime Minister Stephen Harper a few cold ones. The two leaders had a friendly bet on the outcome of yesterday's gold-medal Olympic hockey game.
- Team Canada came out on top, so Obama will have to pick up a 24-pack of Molson Canadian for the prime minister. Harper would have had to buy Obama a case of Yuengling beer if the U.S. had taken the top honour at the tournament.

THE CANADIAN PRESS

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Toews, Weber named to all-star team

OLYMPICS Canadian forward Jonathan Toews and defenceman Shea Weber were named to the Olympic men's hockey tournament all-star team yesterday, joining three Americans and one Slovak.

The all-star team, selected by the media, also included American goaltender Ryan Miller, the tournament MVP, and two of his teammates: Defenceman Brian Rafalski and forward Zach Parise. Slovak forward Pavol Demitra rounded out the team.

Toews, the young Chicago Blackhawks captain, was one of Team Canada's top players and scored the first goal in its 3-2 overtime win over the United States in yesterday's gold-medal game.

Weber, the rock-hard Nashville Predator with a lethal shot, was a force on defence and offence throughout the tournament.

Miller, an NHL star with the Buffalo Sabres, stopped 139 of the 147 shots he faced throughout the tournament, including 36 in yesterday's final.

Parise of the New Jersey Devils scored the tying goal in the gold-medal game with 24.4 seconds left to force overtime.

The veteran Rafalski, who plays with the Detroit Red Wings, was a steadying influence on the U.S. blueline and scored key goals as the Americans went undefeated until the final.

Demitra, one of the older players in the tournament at 35, led the Slovak team to a best-ever fourth-place finish.

THE CANADIAN PRESS

JENNIFER GAUTHIER/FOR METRO CANADA

Team Canada celebrates its gold win last night.

Slovak hockey player under fire for doping

The IOC has issued a reprimand against Slovakian hockey player Lubomir Visnovsky after tests revealed he broke anti-doping rules by taking too much cold medicine with the ingredient pseudoephedrine prior to his team's semi-final game against Canada. THE CANADIAN PRESS

Vancouver Games

Torch passed to Russia

The Olympic flag no longer flies over Vancouver.

The flag has been handed over to Sochi, Russia, the host city for the next Winter Games, in 2014.

The flag has flown over Vancouver's city hall since the close of the 2006 Games in Turin, an iconic moment where then Vancouver-mayor Sam Sullivan waved it from a special holder on his wheelchair.

But now it will fly over Sochi's municipal building until the close of its Games.

The Vancouver closing ceremonies looked back at the last 17 days of sport and began with a lighthearted poke at a malfunction at the opening ceremonies.

There were 2,400 volunteer performers in the show, as well as several big-name Canadian acts.

While the opening ceremonies are a formal affair, the closing event is always a lot more relaxed.

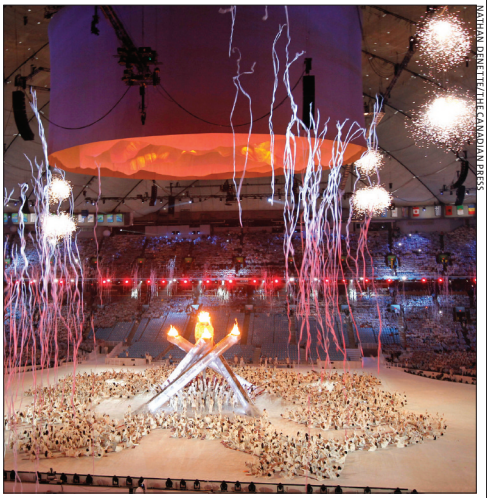
It included not a parade of athletes, but all of them flooding into B.C. Place stadium as a team.

Neil Young rose from beneath the stadium floor to deliver his wistful hit Long May You Run as fake snow fell from the B.C. Place roof.

The cauldron, which suffered a glitch at the opening ceremony that prevented the fourth arm from rising from the floor, was lit properly in a light-hearted sketch that started off the ceremony.

It went out as Young performed.

The final moments saw International Olympic Committee president Jacques Rogge declare the Games closed with the extinguishing of the Olympic flame.



NATHAN DENETTE/THE CANADIAN PRESS

Fireworks go off during the 2010 Vancouver Olympic Winter Games closing ceremonies yesterday in Vancouver.

Earlier, Canadian bronze medallist figure skater Joannie Rochette carried the host country's flag.

THE CANADIAN PRESS

Athletes' tweets provide fans with unprecedented access

TECHNOLOGY Thanks to Twitter, Olympic athletes have been documenting their Vancouver Games experiences in minute detail.

Take Canadian skeleton racer Jeff Pain, who helpfully asks — then answers — the question of what an Olympic athlete drinks the night after a race.

"Should I start with tequila or rye?" he tweeted. "Yes, foolish question. Both it is. Party time. Back up the bus, I'm driving."

For fans, such minutiae can provide a look inside the lives of athletes who otherwise stay out of the spotlight. And it adds dimensions to personalities that are sometimes difficult to crack through the one-way TV screen.

Canadian snowboarder Jeff Batchelor, to take one example, would seem to be cutting loose:

"Sleep all day, play all night, let's get it poppin, I'm in." THE CANADIAN PRESS

Last-minute ruling won't break Paralympian: Coach

DECISION A longtime coach of Brian McKeever says the partially blind cross-country skier will bounce back from the disappointment of not competing in the Olympic Games.

"I think Brian is strong enough mentally to park this and move on," Kasper Wirz said from the Canmore Nordic Centre in Alberta.

Brian McKeever

The 30-year-old athlete learned Friday his dream of racing in the Games wouldn't happen.

Cross Country Canada had claimed McKeever would "compete" in the Games, and emphasized repeatedly he was making history as the first Paralympian to enter the Winter Games.

McKeever said he respects the coaching decision to start four other Canadians — all of whom have performed well in the Games — in yesterday's 50-kilometre race.

However, he's also said he was "crushed" by the decision.

He told CTV the blow was similar to learning he had Stargardt's disease, an inherited macular degeneration that has left him with 10 per cent of his vision.

McKeever has been named to World Cup teams, but also has had occasions when he wasn't chosen to race on the national team on the international circuit.

"Not to be able to start and not to be able to prove that he can be there, that's a hard blow," Wirz said. "I totally understand that, and I'm 100 per cent certain we can fix that."

McKeever will race the biathlon pursuit, the 10-kilometre cross country, the 12.5-km biathlon and the sprints in the Paralympic Games, which begin March 12.

McKeever and his brother, Robin, are expected to be medal contenders.

THE CANADIAN PRESS

Field of Play

Scott Russell

Win or lose, Canadian athletes live by their own golden rule. Read Scott Russell at www.metronews.ca.

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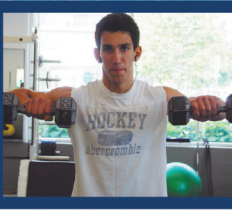

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Alberta rejects NAIT's tuition hike proposal

The Edmonton Journal reports that Alberta's advanced education ministry has turned down the Northern Alberta Institute of Technology's proposal to increase tuition by 40 per cent over the next three years. METRO NEWS SERVICES

Workology

McMaster faces major cuts

In a financial update to the campus community, McMaster University's president and vice-president (academic) report that the demands on the school's finances for 2010-11 are "staggering." Over the last four years, McMaster's expenses could exceed revenues by more than $100 million. McMaster anticipates these budget pressures will require a minimum of 50 and up to 100 positions to be cut across the university. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Get ready for office pool season

Hollywood Votes
Academy Awards

JON TATTRIE
for Metro Canada

With the Olympics just finished, the Oscars dawning and March Madness drawing near, offices across Canada are abuzz with pools, but are they a team-building force for good or a distraction that risks turning the office into The Office?

Dr. Ian Bradley, a workplace psychologist in Montreal, says there are risks and rewards to office pools. "Some people get really into it and one wonders how much work time is devoted to the pool," he says. "The benefits are in terms of camaraderie and excitement."

He considers pools an organic form of official team-building exercises, but without the price tag of a seminar or a weekend bonding in the woods.

Are you going to vote for Avatar, or The Hurt Locker for best picture in your Oscar pool?

Pools can connect staff at different levels and in different departments, opening new lines of communication.

"We need as much fun in the workplace as possible, within bounds. The more things that are humorous and bring people together and allow them to forget about the drudgery and stresses of the work, I think all the better," Bradley says.

Because of those advantages, he urges bosses to accept pools even if staff go overboard for the Oscars, so long as they don't go all Michael Scott, from The Office, on their colleagues.

Maricel Dicion organizes the Oscar office pool at the Toronto branch of the global communications firm Cohn & Wolfe. "Everyone participates. We're a full-service PR agency and we all have lots of things to do, but things like this really help build team moral," she says. "It's just something fun to think about and something fun to do."

"The more things that are humorous and bring people together and allow them to forget about the drudgery and stresses of the work, I think all the better."
Work psychologist Dr. Ian Bradley

The email-organized pool doesn't involve money and doesn't distract people from their work, she says, but in fact gives them a useful break in the day. "Plus, if you win you get bragging rights until the next Oscar pool," she notes.

As Bradley predicted, the pools cut across the normal office barriers of rank and department, encouraging staff to get to know their coworkers.

"It gives you an excuse to congratulate the person who won," Dicion said.

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Workology in brief

RECORD NUMBER OF REGISTERED APPRENTICES IN 2007, STATSCAN REPORTS According to Statistics Canada figures released last week, the number of registered apprentices in the country reached a record high of 358,555 in 2007, more than twice the number 12 years earlier. In 2007, the building construction trades were the largest trade group, with 80,205, or 22 per cent, of the registered apprentices. Completions in apprenticeship training reached 24,495 in 2007, up from 19,725 in 1991. The metal fabricating and motor vehicle and heavy equipment trade groups have consistently had the largest proportion of completions since 1991, and each accounted for nearly 22 per cent of the total number of completions in 2007. Between 1991 and 2007, more than 530,000 certificates were granted to apprenticeship completers and trades qualifiers.

QUEBEC DOING LITTLE TO ENCOURAGE FOREIGN STUDENTS TO STAY POST-GRADUATION Quebec Premier Jean Charest and university officials can travel the world to recruit international students, but they are doing far too little to encourage them to make their careers in the province, argues Henry Aubin in a column in last week's Montreal Gazette. While there's no complete lack of action to encourage foreigners to stay, writes Aubin, proposals outlined in a 2005 Montreal Board of Trade report, which noted that "no real concerted strategy has been developed" regarding the retention of international students postgraduation, remain ignored. Aubin suggests the province award scholarships to outstanding students provided they agree to remain in Quebec for several years following graduation.

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The 'most exciting' accountant

OddJobs

If you're looking for excitement, become an accountant like David Malamed. The 37-year-old Torontonian is a forensic accountant: He follows the money to investigate financial crimes.

Malamed began his career with a business degree at York University and a stint as business owner. Then he and his wife both went back to school to study accounting at Ryerson.

While there, he took a course in forensic accounting and loved it. "In terms of accounting, this is the most exciting thing I could do."

The couple got jobs at the same large accounting firm and Malamed soon got transferred to the forensic unit. His boss spent a lot of time teaching him the unique craft. "Are you comfortable working outside the box?" he'd ask.

Malamed was, and kept upgrading his education so today he now has an investigative forensic accounting diploma, a certified fraud examiner's course and certified fraud investigator's course.

New investigations start with a call from a client — usually someone new, Malamed doesn't get a lot of repeat customers — who's just discovered something bad has happened. Usually they've been scammed or an employee has stolen money.

The person or representative from a business is often pretty upset and wants to know what happened, how it can be prevented again and, ideally, get the money back.

Often the police are involved. Malamed has even joined them in visiting a crime scene. They bang on the door, walk in with their guns. When it's all clear, Malamed starts collecting files and computers.

Investigations can take a week, or two years. He sometimes works 40 hours a week, but if he's in the middle of an intense investigation, his phone can ring day or night and he can suddenly be putting in 100 hours to get the job done.

The Lowdown

Job title: Forensic accountant
Salary: $210,000 to $240,000
Education/training: Degree in accounting, additional training in fraud investigation and examination
Best Part of the Job: "Helping people."
Worst Part of the Job: "The long hours."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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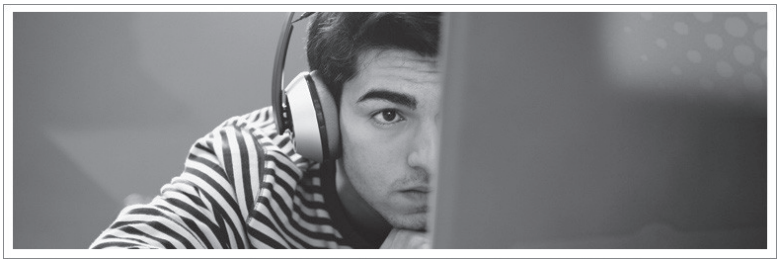

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Proposed Saskatchewan architecture school could be located in downtown Saskatoon
In a talk yesterday on the economic impact a Saskatchewan college of architecture could have, proponents of the school envision the college being built in downtown Saskatoon. METRO NEWS SERVICES

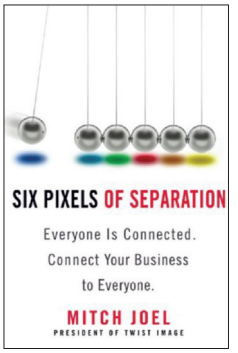
Workology in **brief**

N.S.FIRMS FORCED TO SHIP IN SKILLED WORKERS Experts say the escalating price of a new hospital in Truro, N.S., is symptomatic of growing cost pressures on public and private projects, brought on partly by a growing shortage of skilled workers. A spokesperson for the Colchester East Hants Health Authority said contractors are building in the extra costs of transporting and housing skilled workers. Experts say N.S. will see a steady decline in skilled workers, with an aging workforce and declining birthrate. THE CANADIAN PRESS

The days of the static website are over: Book

Book **Review**

Six Pixels of **Separation**
Author: Mitch Joel
Publisher: Business Plus
Price: $32.99



CRAIG LUND
for Metro Canada

BOOK REVIEW Mitch Joel is no new kid on the blog, having trotted the speakers circuit way before publishing Six Pixels of Separation. In fact, Six Pixels was the name of the blog for his Montreal based digital agency Twist Image. "All of this stuff happened because of social media" said Joel. "Websites are dying … and we need to start seeing ourselves as publishers and content producers."

Joel acknowledges that the mindset of larger companies is going to have to change, especially when it comes to letting consumers or customers interact publically with their brands or products. Joel's book is a captivating look at how our world and how we interact has changed dramatically. Now with even more relevancy — given Facebook just in the past week surpassed Yahoo and is now the No. 2 website for online traffic. Six Pixels is Joel's recipe for "connecting your business to everyone."

Craig Lund, a director with the staffing firm Marketers on Demand, can be reached at craig.lund@marketersondemand.com

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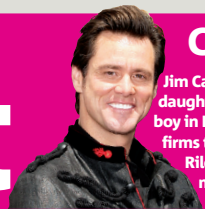
Canada

Bachelor couple wed
Bachelor couple Jason Mesnick and Molly Malaney officially said "I do" on Saturday. An estimated 300 guests witnessed Mesnick, 33, and Malaney, 25, exchange vows at the breathtaking Terranea Resort on the coast of Rancho Palos Verdes, Calif. PEOPLE.COM

Entertainment



Grandpa Jim
Jim Carrey, left, is a grandpa. His daughter, Jane, 22, welcomed a baby boy in Los Angeles Friday, a rep confirms to usmagazine.com. Jackson Riley Santana was born Friday morning. METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

From oppression to opportunity

Half the Sky LIVE explores plight of suppressed women

DOROTHY ROBINSON
Metro World News

Last year, New York Times columnist Nicholas Kristof and his wife, Sheryl WuDunn published their book Half the Sky: Turning Oppression into Opportunity for Women Worldwide.

The book shows how most societies suppress women through terrible — and culturally accepted — measures, such as stoning, genital mutilation, sex slavery, maternal morbidity, forced marriage, honour killings and other atrocities.

But the book also focuses on the small, empowering steps these oppressed women are doing to change the status quo.

This Thursday, in celebration of International Women's Day on March 8, movie theaters across North America will broadcast Half the Sky LIVE; a combination of documentary and celebrity discussion panel, based on Kristof and WuDunn's work.

Filmed on a snowy February day at New York University and presented by the poverty-fighting organization CARE, Half the Sky LIVE features a celebrity panel discussion about the plight of women, readings by celebrities such as Maria Bello and Marisa Tomei, musical performances by India.Arie and Diane Birch, as well as the world premiere of Woineshet.

ALISON MAYFIELD

Sarah Ferguson, Sheryl WuDunn, Nicholas Kristof and Marisa Tomei at the Half The Sky LIVE recording.

It is a short film made by Tomei that is based on a poor Ethiopian woman featured in Half the Sky who triumphs over discrimination, rape, and forced marriage.

"We hoped (the book) would reach a lot of people," said the Pulitzer-prize winning Kristoff in an impromptu interview after the filming. "But this has been a very pleasant surprise."

Half the Sky LIVE screens this Thursday at Empire 7 Cinemas, World Exchange Plaza

Sarah Ferguson, the Duchess of York, who participated in the panel discussion and read the story of Prudence, a woman in Cameroon who died in childbirth due to lack of proper treatment, said that lending her voice was a no-brainer.

"I was taken with Prudence because my sister had many sad miscarriages and my mother had pre-eclampsia and would have died if she not had medical care," she said, noting that she's happy to give back.

"I just believe the true celebrities are the women who have been through so much. My job is an easy one. I simply tell their stories."

• For more information, or to buy tickets, visit care.ca.

Half the Sky facts

• More girls have been killed in the last 50 years because they were girls, than men were killed in all the wars of the twentieth century, write Kristof and WuDunn in Half the Sky.

Precious wins big at NAACP Awards

It was a winning night for Precious at the 41st NAACP Image Awards.

The heart-wrenching tale of an illiterate and abused teen who finds hope in a Harlem classroom was named outstanding motion picture and outstanding independent film at Friday's ceremony. Stars Mo'Nique and Gabourey Sidibe, screenwriter Geoffrey Fletcher and director Lee Daniels also won.

Daniels excitedly accepted the best-picture prize, surrounded by his cast and fellow producers.

"No one in Hollywood told me they wanted to see a movie about a 350-pound black woman with HIV," he said. Sidibe objected, and Daniels corrected himself: "She's not 350 pounds. This was before you were hired."

Presented by the National Association for the Advancement of Colored People, the Image Awards honour diversity in the arts and outstanding achievements in film, television, music and literature.

Sidibe cried as she accepted the award for outstanding actress for her turn as Precious, the overweight, twice-pregnant teen. "It's so awesome to win! I love winning," said the Oscar nominee, who made her acting debut with this film.

THE ASSOCIATED PRESS

Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres:

1. **Shutter Island:** $22 million US
2. **Cop Out:** $18.6 million
3. **The Crazies:** $16.5 million
4. **Avatar:** $14 million
5. **Percy Jackson and the Olympians:** $9.8 million
6. **Valentine's Day:** $9.5 million
7. **Dear John:** $5 million
8. **The Wolfman:** $4.1 million
9. **The Tooth Fairy:** $3.45 million
10. **Crazy Heart:** $2.5 million

THE ASSOCIATED PRESS

The Ottawa Wedding Show!
Salon du Mariage d'Ottawa ™
Lansdowne Park
March 6 & 7
FREE ENTRY!
Saturday & Sunday 10-5
• Ottawa's top wedding suppliers
• Fashion Shows 12:30 & 3:30
• Wedding Planning Seminars - 11:30 & 2:30
• Super Gown Sale
• Prizes, freebies & more!
OttawaWeddingShow.com
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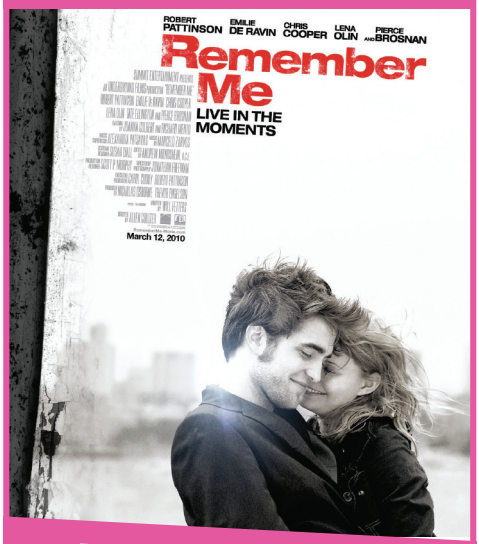

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The ins and outs

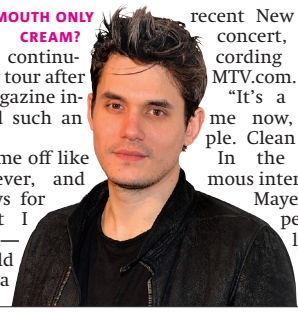
Chynna Phillips, of the pop group Wilson Phillips, has checked out of the facility where she was being treated for anxiety, her manager, Lizzie Grubman, tells people.com. METRO NEWS SERVICES

Celebrity Buzz

Munching on humble pie

WONDER IF HIS MOUTH ONLY LIKES BANANA CREAM? John Mayer is continuing his apology tour after his Playboy magazine interview caused such an uproar.

"I hate to come off like an a—hole ever, and thank you guys for believing that I am not an a—hole," he told the crowd at a recent New York concert, according to MTV.com.



"It's a clean me now, people. Clean me." In the infamous interview, Mayer repeatedly used racial slurs and compared ex-girlfriend Jessica Simpson to sexual "crack cocaine."

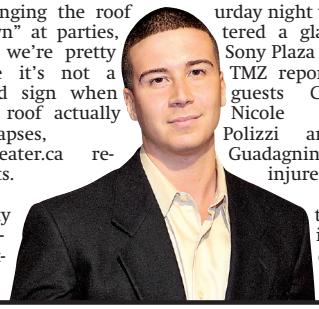
"Never, ever, in my entire life did I ever think that it would be a good idea to be an a—hole," he added.

"But you know what? There's plenty of a—holes who think the same thing, so I have to thank you."

METRO WORLD NEWS

Just a little to the left ...

MIRACLES CAN HAPPEN, RIGHT? We've heard of "bringing the roof down" at parties, but we're pretty sure it's not a good sign when the roof actually collapses, popeater.ca reports.



A party celebrating the Jewish festival of Purim was interrupted Saturday night when ice shattered a glass atrium of Sony Plaza in Manhattan. TMZ reports that celeb guests Chris Noth, Nicole "Snooki" Polizzi and Vinny Guadagnino were not injured.

Just after the alarming accident, Snooki tweeted, "It's okay Vin and I are still alive ... Omg roof just collapsed at the purim event! We thought the dj was beatin the beat hardcore but nope, the roof couldn't handle snooki and vin ..."

METRO NEWS SERVICES

Follow these celebrities on Twitter...

CelebTweets

LILY ALLEN goes about ending a feud with Courtney Love the wrong way, **ELLIOTT YAMIN** reports live from the Chile earthquake, and **NATHAN FILLION** is concerned about your health.

@lilyroseallen i would never fight with her, as a rule i don't pick on crazy old ladies.

@elliottyamin Huge earthquake just now in Chile!!....I swear I thought this was the end of my life!!!!!

@NathanFillion So many folks have Olympic Fever. I'm just glad it's not Olympic Herpes.

METRO NEWS SERVICES

		Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	3/1/10	265	353	2	TVO	What the Ancients Did for Us		The Agenda With Steve Paikin		Midsomer Murders		Morning Sun (Part 2 of 2)		Agenda-Paikin
		211	331	3	GTV	Entertainment	ET Canada	House "Wilson"		24 (HDTV PA) (N)		Cold Blood		News Hour
		-	-	5	SRC	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)		Les Boys (SC)	C.A. (N) (SC)	Le Téléjournal Nouvelles. (SC)		TJ Ontario
		209	342	6	CHRO	Degrassi: Next	TMZ (N)	Tough Love		Law & Order (HDTV) A family is found murdered. (N)				Comedy Now
		196	311	7	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	CSI: Miami "L.A." (N)		CTV News
		208	303	8	CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Just for Laughs-Yankees		CBC News: The National		The Hour
		-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Chuck (HDTV) (N)		Law & Order (HDTV) A family is found murdered. (N)				News
		117	713	10	TVA	Rachid	Mtl	Yamaska (HDTV) (N) (SC)		Toute la verite (N) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
		-	-	11	QS	Oncle Charlie	Rire et délire	CSI: NY (N) (SC)		Le Mentaliste (N) (SC)		L'Attaque à 5 (N)		À couper
		137	763	12	TFO	Panorama		Carnets d'expédition		*Le Lieu du crime* ★★ (1986, Drame)			Villages	Bibliotheca
		-	362	13	CBS	The Insider (N)	Judge-Brown	How I Met	Engagement	Two/Half Men	Big Bang	CSI: Miami "L.A." (N)		Two/Half Men
		216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
		214	344	15	CITY	Chuck (HDTV) (N)		The Bachelor: On the Wings of Love (N)				Bachelor-Wings of Love		News
		115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
		218	345	18	CHCH	*Moonstruck* ★★★ (1987, Romance-Comedy) Cher.				*Annie Hall* ★★★★ (1977, Comedy) Woody Allen.				News at 11 (N)
		-	361	20	ABC	Action News	Entertainment	The Bachelor: On the Wings of Love (N)				Bachelor-Wings of Love		News
		512	396	24	CPAC	Enquête	Dossier public	L'Heure politique		Dossier public			Revue	Dossier public
		651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
		-	365	36	FOX	TMZ (N)	Seinfeld	House "Wilson"		24 (HDTV PA) (N)		FOX 2 News (N)		News
		-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow (N)		American Experience "Dolley Madison"			Morristown	Charlie Rose
		205	312	104	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	CSI: Miami "L.A." (N)		CTV News
news		502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		Gambling Boys (N)		National
		500	500	33	CNN	Situation Room-Wolf Blitzer		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports		406	417	27	net	Best Damn Top 50 Special		UFC Fight Night				Sportsnet Connected		Prime Time
		126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
		400	280	30	TSN	That's Hockey!	30 for 30 (HDTV)		NBA Basketball Toronto Raptors at Houston Rockets. (HDTV) (Live)					SportsCentre
		410	403	52	SCR	RaceNight				(9:15) WWE Monday Night RAW With Michael Cole and Jerry Lawler.				
family		411	457	56	OLN	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters International		Destin.Truth
		417	406	59	SC	NASCAR	NASCAR Hub	NASCAR	What's Deal?	Fast Track to Fame (HDTV) (N)		Racing Chef	NASCAR	Car Crazy
		554	544	48	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
		557	540	51	FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
		551	542	65	YTV	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz (N)	To Be Indie	Prank Patrol
cable variety		570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Behind the Music		Gene Simmons
		615	520	31	A&E	Criminal Minds (HDTV)		Intervention "Anthony"		Intervention "Shane" (N)		Hoarders "Claudie" (N)		Paranormal
		628	584	32	SPKE	UFC Unleashed		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		Wild World	Blue Mountain	Blue Mountain
		521	560	34	TLC	Little Parents, First Baby		Little Parents	Little Parents	Ultimate Cake Off		Cake Boss	Cake Boss	Little Parents
		145	761	35	TV5	Les Carnets du bourlingueur		Gardiens des trésors de Corse L'Ile de Beauté, c'est la Corse.				Voyageur	Urbania	TV5 Le Journal
		616	521	39	SHO	Relic Hunter		*Secret Lives* (2005, Suspense) Daphne Zuniga.				Bones (HDTV)		NCIS
		620	523	40	BVO	Shumka's Cinderella		Baby Ballroom		Mozart Decoded		Hamlet Development.		Law & Order
		520	505	42	DIS	Daily Planet (N)		MythBusters		Dirty Jobs (N)		Motor City Motors (N)		Daily Planet
		575	583	43	CMT	Due South "Starman"		Amer. Funniest Home Videos		According-Jim	According-Jim	*Pay It Forward* ★★ (2000, Drama), Helen Hunt		
		601	562	45	SLC	Rich Bride Poor Bride		Nearly Dead	Newlywed	Tori & Dean: Home		Love Inc.	Love Inc.	ET Canada
		625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Jo Koy: Don't Make Him Angry		Daily Show
		294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Monica: Still	Monica: Still	Seinfeld	Name Is Earl	Law & Order
		600	564	49	H&G	House Hunters	Property Virgin	For Rent	Income Prop.	Marriage	My First Place	House Hunters	House Hunters	Holmes-Homes
		627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		*SS Doomtrooper* (2006, Science Fiction) Corin Nemec.				Stormworld
		581	566	53	MTV	Peak Season	Cribs	Cribs	Parent Control	Made	Buried	Buried	MTV Cribs	MTV Live
		618	524	54	TROP	Re-Vamped		Parking Wars	Parking Wars	Flipping Out		Launch My Line "Finale"		Prod. Parker
		522	506	55	HIS	Battle-Somme	Last Soldier	Greatest Tank Battles		Lost Worlds (HDTV)		Shockwave (HDTV)		Tank Battles
		129	773	60	CD	Biographies (HDTV)		Toujours plus grand		S O S (HDTV)		Les Enquêtes du NCIS (HDTV)		Ondes de choc
		261	394	61	V	Murder, She Wrote		Eyes Down	Wait for God	Blue Murder		Unscripted (N)	Archaeologist	Poltergeist
		602	567	62	W	Supernanny		How Clean	How Clean	Love It or List It		Love It or List It		Confidential
		269	350	70	APTN	Mishkuenita	Shaputuan (N)	Passage John Rae.		*Agaguk* ★★ (1993, Aventures) Lou Diamond Phillips.				Shaputuan
		621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
		603	561	95	FN	Ricardo	David Rocco	Restaurant Makeover		Top Chef Masters		Pitchin' In	Glutton	Restaurant

The Weather Network
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Today
Rain and snow
40%
5° / -3°

Tuesday
Partly sunny
2° / -4°

Wednesday
Cloudy
1° / -7°

The Weather Network
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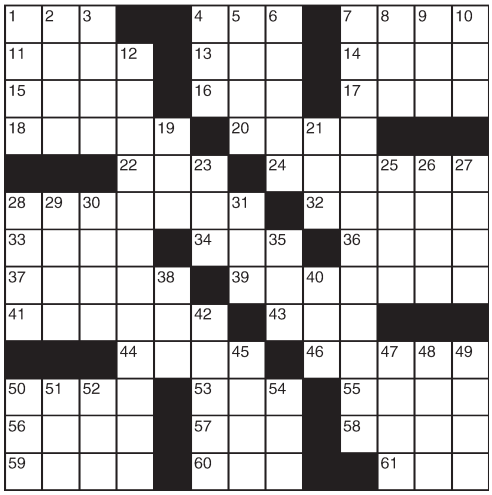
For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Attorneys' org.
4 Faux —
7 Frizzy hairdo
11 Old Italian money
13 Illustrations
14 Cattle rancher's device
15 Suitcase
16 Kids' card game
17 Frogs' hangout
18 Rework
20 Loutish one
22 Fish eggs
24 Not tardy
28 Rocket launcher
32 Banish
33 Vicinity
34 Recede
36 Persia, now
37 Alder or hazel
39 Remark
41 Island greetings
43 Bikini half
44 MasterCard alternative
46 Wields a teaspoon
50 Mary's follower
53 Paid player
55 Fix a manuscript
56 "American —"
57 Author Fleming
58 Say it isn't so
59 Nitwit
60 Nay undoer
61 Get older

DOWN

1 Seaweed, e.g.
2 Shuttlecock
3 Met melody
4 Dog's foot
5 Speedy steed
6 Razor sharpener
7 Came close to
8 To and —
9 Texas politico Paul
10 Peculiar
12 Easy to meet or deal with
19 As well
21 Raw rock
23 — out a living
25 Swampy terrain
26 Blueprint
27 Bivouac shelter
28 Rum cake
29 Seed coat
30 Nil
31 1970 Jackson 5 hit
35 Go up and down
38 Scenery chewer
40 "— Miniver"
42 Old photograph color
45 Picture of health?
47 Concept
48 Boxing venue
49 Eyelid woe
50 Cover
51 Commotion
52 Swabbie's prop
54 Washington's bill

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

5		4		9	8			3
	9		3					4
	6		7				1	
1							2	
		3	5		2	8		
	2							7
	3				4		8	
2					9		6	
8			2	5		7		

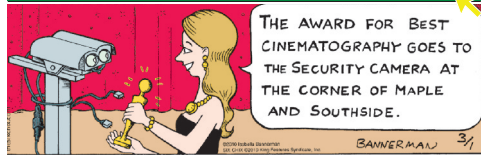
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

L	A	P	S	E	■	D	O	H	■	W	A	N
A	T	O	L	L	■	U	B	I	■	O	D	E
D	E	M	O	B	■	P	O	M	P	O	M	S
■	■	P	E	O	P	L	E	■	H	E	A	T
G	O	O	■	W	E	E	■	C	O	R	N	S
O	N	U	S	■	E	X	P	A	T	■	■	■
P	O	S	T	E	R	■	A	D	O	P	T	S
■	■	■	O	N	S	E	T	■	S	O	A	K
N	E	A	P	S	■	R	E	C	■	M	R	I
E	C	R	U	■	N	O	S	O	A	P	■	■
P	O	M	P	E	I	I	■	O	S	A	G	E
A	L	E	■	A	B	C	■	P	A	N	E	L
L	I	D	■	U	S	A	■	S	P	O	T	S

5	1	7	4	6	9	2	8	3
9	4	6	8	2	3	5	1	7
2	3	8	5	7	1	9	4	6
7	8	9	1	3	2	6	5	4
1	6	2	7	5	4	8	3	9
4	5	3	9	8	6	7	2	1
6	2	1	3	9	5	4	7	8
3	7	5	6	4	8	1	9	2
8	9	4	2	1	7	3	6	5

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Ham 'n' Pea Soup

INGREDIENTS:

2 tbsp (25 mL) olive oil
1 large onion, chopped
2 3/4 cups (675 mL) frozen peas
3 cups (750 mL) chicken stock
7 oz (200 g) cooked ham, diced
3 1/2 oz (100 g) reduced-fat soft cheese
1/2 tsp (2 mL) freshly grated nutmeg

METHOD:

1. Heat oil in large pot and fry onion gently 5-6 minutes to soften.
2. Stir in peas and stock, and bring to boil. Reduce heat, cover and simmer 5 minutes. Season lightly.
3. Put soup in food processor and whiz to fairly rough purée. Add ham and return to pot. Heat until boiling.
4. Add soft cheese and stir gently until just melted. Ladle soup into bowls and sprinkle with nutmeg. Serve with soda bread or crusty bread.

SERVES 4

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Reader's Digest
HEART ATTACK!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Dramatic developments will take place in your neck of the woods, but they will leave you untouched. Don't question your good fortune, just enjoy it.

TAURUS
APRIL 21-MAY 21
The pen is mightier than the sword. It will more likely be true if you refuse to get angry when confronted by other people's stupidity and selfishness.

GEMINI
MAY 22-JUNE 21
Something you overhear in casual conversation could lead to a wonderful opportunity today, so keep your ears open.

CANCER
JUNE 22-JULY 22
You don't have to reveal your deepest feelings to other people but it will certainly pay you to open up a little more than usual.

LEO
JULY 23-AUG 23
We all make mistakes and today's cosmic picture means you must be ruthless with yourself — but in a positive way. Forget about the past.

VIRGO
AUG 24-SEPT 22
Take control of your life. Refuse to let anyone make decisions for you. You know what you want and you know how to get it.

LIBRA
SEPT 23-OCT 23
You will have to make some difficult decisions over the next few days. Do what has to be done, then put it out of your mind and get on with your life.

SCORPIO
OCT 24-NOV 22
There are certain issues that get your pulse racing and your blood boiling and one such issue will set you off today. Be passionate but make allowances too.

SAGITTARIUS
NOV 23-DEC 21
You will create something wonderful over the next seven days. The current cosmic climate is especially good for writing and speaking, so don't be shy.

CAPRICORN
DEC 22-JAN 20
Focus your energy in one particular direction today. If you try to do more than one thing at a time you will find that you don't actually accomplish very much.

AQUARIUS
JAN 21-FEB 18
If you say too much today it could cost you. Certain information must be kept to yourself, at least until you have had a chance to evaluate it.

PISCES
FEB 19-MARCH 20
Do you approach tasks in a traditional way? The planets suggest that if you try something new you will discover you enjoy upsetting the status quo.

This day in history

1838: Lower Canada Rebellion: Robert Nelson, leader of the Patriotes, proclaimed the independence of Lower Canada.
1854: The Republican Party of the United States is organized in Ripon, Wisc.
1922: The United Kingdom accepts the independence of Egypt.
1935: DuPont scientist Wallace Carothers invents nylon.
1991: The first Gulf War ends.
1993: Bureau of Alcohol, Tobacco and Firearms agents raid the Branch Davidian church in Waco, Texas with a warrant to arrest the group's leader David Koresh. Four BATF agents and five Davidians die in the initial raid, starting a 51-day standoff.

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09 Dodge Avenger
- Load, A/C, Auto
- st: 29146
- km: 49128

$11,850
$103*** Bi-weekly

08 Prius Hybrid
- Load, A/C, Auto
- st: 28330
- km: 81618

$18,850
$148*** Bi-weekly

06 Lincoln Zephyr
- Load, A/C, Lthr
- st: 29014
- km: 56801

$17,850
$184* Bi-weekly

07 Benz B200
- Load, A/C
- st: 29011
- km: 36407

$19,840
$176** Bi-weekly

06 Honda CR-V
- 4WD, Load, A/C
- st: 28602
- km: 100596

$15,450
$159* Bi-weekly

08 KIA Sorento
- Load, A/C, Auto
- st: 28495
- km: 19332

$19,850
$156*** Bi-weekly

09 Focus SE
- Load, A/C, Auto
- st: 28898
- km: 34339

$12,950
$102*** Bi-weekly

09 Elantra GLS
- Load, A/C, Auto
- st: 28742
- km: 33159

$13,950
$110*** Bi-weekly

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07 Matrix XR
- Load, A/C, Auto
- st: 26930
- km: 57850

$15,980
$142** Bi-weekly

06 Nissan Murano S
- AWD, Load, A/C
- st: 28931
- km: 71266

$19,950
$206* Bi-weekly

08 KIA Rondo EX
- Load, A/C, Auto
- st: 28667
- km: 44300

$14,950
$117*** Bi-weekly

06 Jaguar X-Type 3.0
- AWD, Load, Roof, Lthr
- st: 28469
- km: 63233

$23,870
$246* Bi-weekly

05 Toyota Echo
- Std
- st: 29111
- km: 83842

$6,450
$72* Bi-weekly

05 Pontiac Montana
- Load, A/C
- st: 90564-B
- km: 76478

$9,450
$105* Bi-weekly

06 Saturn VUE AWD V6
- Load, A/C, Roof, Auto
- st: 29128
- km: 91939

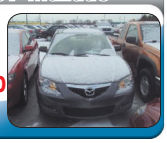
$11,980
$133* Bi-weekly

09 Sienna LE
- Load, A/C
- st: 28371
- km: 36415

$27,880
$219*** Bi-weekly

07 Mazda3
- A/C, Auto
- st: 29056
- km: 66923

$11,650
$113** Bi-weekly



08 Grand Caravan
- Stow N Go, Load, A/C
- st: 28835
- km: 63025

$15,850
$124*** Bi-weekly

08 KIA Spectra
- Load, A/C, Auto
- st: 28902
- km: 62671

$9,980
$87*** Bi-weekly

05 Malibu MAXX LT
- Load, A/C, Roof, Auto
- st: 90564-B
- km: 76478

$8,950
$100* Bi-weekly

06 Honda Pilot EX
- 4WD, Load, A/C
- st: 28586
- km: 78558

$24,850
$256* Bi-weekly

07 Corolla CE
- Load, A/C, Auto
- st: 28867
- km: 49461

$12,860
$114** Bi-weekly

07 Ford F-150 Triton
- 4x4, Load, A/C
- st: 29173
- km: 126731

$15,860
$141** Bi-weekly

05 Pontiac Vibe
- 4 snow tires, A/C
- st: 28271
- km: 82608

$10,550
$117* Bi-weekly

05 Nissan Sentra SE
- Load, A/C
- st: 28859
- km: 101393

$6,840
$76* Bi-weekly

06 Pontiac G6
- Load, A/C, Auto
- st: 29183
- km: 77558

$8,870
$99* Bi-weekly

07 Mazda CX-7 Sport
- AWD, Load, A/C, Auto
- st: 28707
- km: 62279

$21,860
$194** Bi-weekly

05 Pathfinder
- 4WD, Load, A/C, Auto
- st: 28161
- km: 99339

$20,670
$213* Bi-weekly

08 Nissan Versa
- Load, A/C, Auto
- st: 28669
- km: 57882

$11,950
$104*** Bi-weekly

07 Nissan Xterra
- 4WD, Load, A/C
- st: 28383
- km: 61835

$23,850
$212** Bi-weekly

08 Suzuki Swift
- Auto, A/C
- st: 28906
- km: 68936

$8,960
$78*** Bi-weekly

08 Cobalt LS
- A/C, Auto
- st: 29140
- km: 61031

$8,750
$76*** Bi-weekly

08 Santa Fe GLS
- 4WD, Load, A/C, Auto
- st: 28374
- km: 61951

$20,950
$164*** Bi-weekly

09 Lancer
- Load, A/C, Auto
- st: 29104
- km: 24789

$14,950
$117*** Bi-weekly

07 Honda Accord
- Load, A/C, Auto
- st: 26400
- km: 64120

$17,950
$159**†† Bi-weekly

06 Impala LT
- Load, A/C
- st: 27601
- km: 47157

$11,960
$133*†† Bi-weekly

08 Hyundai Accent
- Load, A/C, Auto
- st: 29147
- km: 59552

$8,970
$78*** Bi-weekly

05 Pontiac Wave
- Load, A/C
- st: 27575
- km: 74681

$6,960
$77*†† Bi-weekly

06 Sebring LTD Convert
- Load, A/C, Lthr, Auto
- st: 27530
- km: 61940

$14,980
$154*†† Bi-weekly

09 Altima 2.5S
- Load, A/C, Auto
- st: 28318
- km: 32852

$19,850
$156*** Bi-weekly

06 Mazda5
- Load, A/C, Roof, Std
- st: 29091
- km: 77346

$10,650
$119*†† Bi-weekly

06 BMW 325 XI
- Load, A/C, Auto, Roof
- st: 28306
- km: 68321

$29,950
$309* Bi-weekly

08 Toyota Yaris
- Std
- st: 29164
- km: 70775

$7,980
$70*** Bi-weekly

05 Saturn Relay
- Load, A/C
- st: 29036
- km: 70122

$9,340
$104* Bi-weekly

07 Honda Fit
- Load, A/C Auto
- st: 29062
- km: 77391

$10,970
$107** Bi-weekly

08 Sonata
- Load, A/C, Auto
- st: 28354
- km: 64132

$12,850
$101*** Bi-weekly

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